



# **EURO-Spondyloarthritis**

**European School on functional  
assessment and rehabilitation  
interventions in patients  
with spondyloarthritis**

**Zagreb  
February 3–6  
2027.**

## **Preliminary agenda**

## Wednesday, 3<sup>rd</sup> February 2027

- 17:00-18:30 **Registration of participants**
- 18:30-19:15 **Interactive discussion with participants – raising awareness on the inflammatory back pain through epidemiology and related functional impairment** – Frane Grubišić et al.
- 19:30-20:30 **Social event**

## Thursday, 4<sup>th</sup> Feb 2027

- 8:00-9:00 **Registration of participants**
- 9:00-9:20 **Welcome addressess**
- 9:20-9:45 **Differentiating between mechanical and inflammatory back pain** – Simeon Grazio
- 9:45-10:10 **When should PRM specialist think of peripheral arthritis – differential diagnosis** – Ines Doko Vajdić
- 10:10-10:35 **Importance of recognizing extraskkeletal features in patients with spondyloarthritis** – Adelmo Šegota
- 10:35-11:00 **Pain in axial spondyloarthritis – etiopathogenesis and clinical features** – Frane Grubišić
- 11:00-11:15 **Discussion**
- 11:15-11:45 Coffee break**
- 11:45-12:10 **Residual pain in spondyloarthritis: what is it and why is it?** – Roberto Casale
- 12:10-12:35 **Nociplastic pain in axial spondyloarthritis – should we think locally or globally?** – Ivan Sunara
- 12:35-13:00 **PRM physician approach to comprehensive assessment of a patient with peripheral or axial form of spondyloarthritis based on the ICF** – Ayse Küçükdeveci
- 13:00-13:25 **Questionnaires for the assessment of function (BASFI), function and health (ASAS HI), disease activity (ASDAS & BASDAI), metrology (BASMI) and fatigue (FACIT-F)** – Uta Kiltz (Germany)
- 13:30-14:30 Lunch break**
- 14:30-17:30 **Workshops** (all participants rotating between workshops, with patients)
- 1. Pain assessment** (90 min)  
– Roberto Casale, Nino Zahirović, Ivan Sunara
  - 2. Questionnaire assessment of the patients with spondyloarthritis (BASFI, ASAS-HI, ASDAS, BASDAI; swollen/painful joints, HAQ, DAPSA** (90 min)  
– Simeon Grazio, Uta Kiltz, Ayse Küçükdeveci

## Friday, 5<sup>th</sup> Feb 2027

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|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-9:25          | <b>Diagnostic algorithmt in PRM setting – axial vrs. peripheral spondyloarthritis</b> – Darija Granec                                                                                                                                                                                                                                                     |
| 9:25-10:05         | <b>Ultrasound Imaging and Guidance in Spondyloarthropathies</b> – Levent Ozcakar                                                                                                                                                                                                                                                                          |
| 10:05-10:30        | <b>Imaging methods other than ultrasound – conventional X-ray, MRI and CT</b> – Gordana Ivanac                                                                                                                                                                                                                                                            |
| 10:30-10:55        | <b>Gait analysis (pedobarography and kinematics)</b> – Igor Gruić                                                                                                                                                                                                                                                                                         |
| <b>11:00-11:30</b> | <b>Coffee break</b>                                                                                                                                                                                                                                                                                                                                       |
| 11:30-11:55        | <b>Overview of pharmacological treatment</b> – Iva Žagar, Nadica Laktašić Žerjavić                                                                                                                                                                                                                                                                        |
| 11:55-12:20        | <b>Overview of non-pharmacological treatment - emphasis on exercise</b> –Jure Aljinović                                                                                                                                                                                                                                                                   |
| 12:20-12:50        | <b>Biological injections in the treatment of inflammatory enthesitis - Yes or No?</b> – Jean Francois Kaux                                                                                                                                                                                                                                                |
| 12:50-13:15        | <b>Novel technologies in the rehabilitaion of (axial) spondyloarthritis</b> – Kristina Kovač Durmiš, Porin Perić                                                                                                                                                                                                                                          |
| 13:15-13:30        | <b>Questions and answers</b>                                                                                                                                                                                                                                                                                                                              |
| <b>13:30-14:30</b> | <b>Lunch break</b>                                                                                                                                                                                                                                                                                                                                        |
| 14:30-17:30        | <b>Workshops</b> (all participants rotating between workshops)<br><b>1. US evaluation of enthesis</b> (90 minutes)<br>– Nadica Laktašić Žerjavić, instructor coordinator; US instructors: Hana Skala Kavanagh, Ivan Ljudevit Caktaš, Darija Granec<br><b>2. Kinematic analysis</b> (90 minutes)<br>– instructors: Igor Gruić, Vedran Brnić, Maja Mirković |
| 20:00              | <b>Social event</b>                                                                                                                                                                                                                                                                                                                                       |

## Saturday, 6<sup>th</sup> Feb 2027

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|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00-10:30         | <b>Challenging clinical cases – participants are invited to prepare and present their own challenging clinical case (interactive discussion)</b> – TBD |
| 10:30-11:30        | <b>Lifestyle modifications (other than exercise) aimed to improve function and quality of life – obesity, smoking and diet</b> – TBD                   |
| <b>11:30-12:00</b> | <b>Coffee break</b>                                                                                                                                    |
| 12:00-13:00        | <b>School evaluation and closing ceremony</b>                                                                                                          |
| <b>13:00-14:00</b> | <b>Lunch break and departure</b>                                                                                                                       |



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